Harborough LC Junior Badminton Club



We are a friendly club who welcomes players from 8-18 years regardless of previous experience or ability. We offer structured sessions for learning and fun too! Members are invited to play in external tournaments when appropriate. We are affiliated to Badminton England (CL000029) with accreditation as a Badminton England Premier Club and Sport England Clubmark and follow their guidance in our code of conduct for young people and other policies.

We will continue to operate a monthly standing order payment system which will 10 monthly £27.00 BACS payments (September 2026 to June 2027) which cover the Autumn, Spring & Summer Terms for the anticipated 36 weeks we are able to use the Sports Hall at Harborough Leisure Centre. Sports Hall normally used for 2 weeks by NHS for blood donations. Will be no extra charge if 37 weeks are available. The increase for the season is £0.54 per week. Also includes the Badminton England "Community Member" Membership Fee, Club Internal Tournament, Christmas Party & Trophy Presentation night. A club hoodie will be provided free of charge as part of initially joining the club. In addition, again this season a free club shirt, which will be required to wear at the weekly Wednesday badminton sessions (suitable sizes will be established first weeks attendance). Season 2025/26 members can exchange FOC for a larger size. **There will be no refund of fees paid for non-attendance at any Wednesday session.**

Please contact the Club Secretary or Head Coach for more information.
To join any club session please contact Ray Phipkin on rayphipkin@harboroughlcjuniors.org.uk or 07582 195940.

- All weeks will include an element in respect of Preparing to Play activities, Single & Double Ladders, Fun & Conditioned Games.
- Within each week, the tasks will be adjusted on the various courts to reflect the needs of all the players' abilities (i.e. beginner / intermediate).
- Children could have the opportunity to take part in Badminton England "Shuttle Stars" award scheme for 5-11 years.
- The Six Sigma method of DMAIC (i.e. Define, Measure, Analyse, Improve, and Control) will be used at various stages over the weeks in relation to a selected range of shot skills by using either Yonex Mavis 300 of both medium & fast speeds or Feather shuttles.
- A BKL Automatic Shuttlecock Launcher and other Automatic Shuttlecock Launchers will also be available to be used.
- A Drone using captured video footage of the player's movements will also be used at various stages over the Autumn, Spring & Summer Terms to help improve player's technical & tactical skills.
    - (This would only apply when permission for the young person had been given on the enrolment form to be filmed or photographed during any coaching / club session). Video footage would be deleted at the end of the weekly session.

4:00 to 5:00pm aimed at aged 8 to 15 years (school years 3 to 10 only); 5:00 to 6:00pm aimed at aged 11 to 16 years (school years 6 to 11 only); Players attending in school year 3 to 7 could have the opportunity to follow the Badminton England Shuttle Stars programme for stages 1, 2 & 3 rather than the programme indicated below. Each stage are 12 weeks.

Autumn Term 1 Badminton – 8 weeks from 26th August 2026 until 14th October 2026 (Week 1:- Striking Skills; Week 2:- Movement, Sending and Receiving; Week 3:- Backhand Serves & Return of Low Serves; Week 4:- Forehand Serves; Week 5:- Net Shots – Forehand & Backhand; Week 6:- Net Lifts – Forehand & Backhand; Week 7 (Held in Arena):- Forehand Overhead Shots; Week 8:- Footwork in forehand & backhand front & rear court areas (Singles).

Autumn Term 2 Badminton – 8-1=7 weeks from 28th October 2026 until 16th December 2026 (no session on 18th November). (Week 1:- Backhand Serves & Return of Flick Serves to designated areas; Week 2:- Forehand Serves to designated areas; Week 3:- Net Shots - Forehand & Backhand; Week 4:- NO BADMINTON; Week 5:- Net Lifts – Forehand & Backhand; Week 6:- Forehand Overhead Shots to designated areas; Week 7:- Level Doubles, Partner Awareness; Week 8: Christmas Party (from 4:00pm to 7:00pm with meal at 5:30pm)

Spring Term 3 Badminton – 6 weeks from 6th January 2027 until 10th February 2027.
(Week 1:- Striking Skills & Movement; Week 2:- Forehand Serves (Low, Flick & High) & Returns to designated areas; Week 3:- Backhand Serves & Return of Low Serves to designated areas; Week 4:- Level Doubles, Tactical & Technical Skills, Routines; Week 5 & Week 6:- Internal Club Tournament Events with group games each week.

Spring Term 4 Badminton – 4-1=3 weeks from 24th February 2027 until 17th March 2027. (no session on 3rd March) (Internal Club Tournament Events with group games weeks 1&3 also, quarterfinals week 3 and semi-finals / finals week 4).
Summer Term 5 Badminton - 8 weeks from 7th April 2027 until 26th May 2027. (Week 1:- Forehand & Backhand Drives; Week 2:- Backhand Overhead Shots; Week 3:- Stroke Skill Practices for High Serve, Drop, Net, Lift, Routines (half court); Week 4:- Stroke Skill Practices for Flick Serve, Clear, Drop, Net, Lift Routines (doubles full court- shots over half court); Week 5; Brush, Hairpin & Kill stroke routines; Week 6:- Singles, Tactical & Technical Skills, Routines; Week 7:- Mixed Doubles Formations. Week 8:- Level & Mixed Doubles, Partner Awareness, Formations
Summer Term 6 Badminton - 5 weeks from 9th June 2027 until 7th July 2027. (Week 1:- Forehand & Backhand Net Lifts – Straight & x-court (Measured Test); Week 2:- Forehand & Backhand Net Shots – Straight & x-court (Measured Test); Week 3:- Forehand Singles Serves – Low, Flick & High (Measured Test); Week 4:- Backhand Singles & Doubles Serves – Low & Flick (Measured Test); Week 5:- Club Tournament Presentations (4:00pm to 7:00pm with presentation 5:00pm to 5:30pm; Meal from 5:30pm with AGM start at 6:00pm).

6:00 to 7:00pm Sessions - aimed at aged 14 to 18 years (school years 10 to 13 only) Dependant on Numbers, players from School years 8/9 – aged 12/13 would be accepted based on playing ability.
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Autumn Term 2 Badminton – 8-1=7 weeks from 28th October 2026 until 16th December 2026 (no session on 18th November). (Week 1:- Backhand Serves & Return of Flick Serves to designated areas; Week 2:- Forehand Serves to designated areas; Week 3:- Net Shots - Forehand & Backhand; Week 4:- NO BADMINTON; Week 5:- Net Lifts – Forehand & Backhand; Week 6:- Forehand Overhead Shots to designated areas; Week 7:- Level Doubles, Partner Awareness; Week 8: Christmas Party (from 4:00pm to 7:00pm with meal at 5:30pm)
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Club Committee contacts.

Chairperson: Steve Chapman	mobile no: 07971 617942	stevechapman@harboroughlcjuniors.org.uk
Secretary: Lynda Haynes	mobile no: 07901 935105	lyndahaynes@harboroughlcjuniors.org.uk
Treasurer: Ellis McKeown	mobile no: 07620 118545	ellismckeown@harboroughlcjuniors.org.uk
Welfare Officer 1: Nancy Fitzmaurice	mobile no: 07887 965701	nancyfitzmaurice@harboroughlcjuniors.org.uk
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Head Coach: Ray Phipkin	mobile no: 07582 195940	rayphipkin@harboroughlcjuniors.org.uk
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Assistant Coach: Penny Fannon	mobile no: 07713 396950	pennyfannon@harboroughlcjuniors.org.uk
Assistant Coach: Hattie Hine		
Junior Club Representatives:-	Hattie Hine, John Bunten, Daniel Bourne.	

Club Web Site: - http://www.harboroughlcjuniors.org.uk/